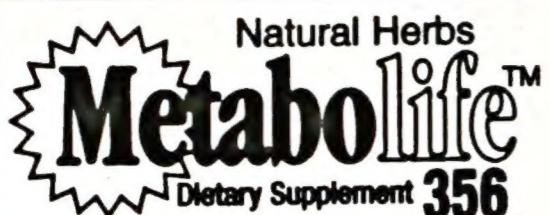


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Tuesday, January 26, 1999

Live! Sports Fitness Recreation

THE LEMON GROVE

REVIEW



Lifelong Fitness available at Cuyamaca College

by Norrie West

facts concerning your health.

He noted that the college even has adaptive classes for those who have physical limitations.

He commented that the fitness center at Cuyamaca College is the largest in the East County, with an awesome roomful of machines that make a great variety of exercises possible.

He said that these machines will help exercise arms, hips, legs, chest, shoulders, trunk and upper body.

All of this is available in Circuit I and Circuit II that comprise the Lifelong Fitness class.

Each Circuit provides 12 separate exercises, utilizing the specialized machines that cover the center floor.

There also is a second class called Applied Fitness and a third called Foods and Fitness. Each is separately taught, one semester at a time.

Speaking of semesters, the spring one began yesterday, to be exact.

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Lead fitness instructor John Yasuda (right) gives some tips to Bob Frescas of El Cajon who is using the leg machine to do some seated leg curls on the Cuyamaca Center's machine.

Photo by Norrie West

So, if you want to enroll, it is a good time.

"Classes are open for enrollment until March 19," Yasuda said. "Even if you wait a bit you can still get into our classes for the current semester."

"All of our classes are open to area residents. Everyone is most welcome," Yasuda concluded.

will be taking advantage of the college's inexpensive fitness program.

He added that this is a community college, not just in name, and is located in Rancho San Diego, which is easily reached.

The Lemon Grove Review, Box 127, Lemon Grove, CA 91946 • (619) 469-0101 • Published Tuesdays and Thursdays. Adjudicated a newspaper of general circulation in Superior Court of State of California in and for San Diego County, December 5, 1949. Entered as Third Class matter in La Mesa, CA. • Adjudication Number 155392 • \$20 yearly in San Diego County, \$40 yearly elsewhere in U.S.A. • Steven Saint, Publisher - Assistants to the publisher: Cheryl Cohen, Trudy Thomas, Marv Rosen. • Submissions - Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope. • Material can be sent via e-mail at the following address: ssaint@adnc.com. • All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions.

Reach 6 East County communities!

Vol. 51, No. 42

PUBLIC NOTICES

•La Mesa•

LOAN E88002 OTHER 217435 FILE TS-1903 CDJ A/P NUMBER 490-08-00 NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED August 11, 1998, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that CNA Foreclosure Service Inc., a California Corporation, as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by Timothy Stephen Jones, Successor Trustee of the Hazel D. Borgeson Trust 1995, Recorded on 08/27/1998 as instrument No. 1998-0545985 of Official Records in the office of the County Recorder of San Diego County, California, and pursuant to the Notice of Default and Election to Sell thereunder, recorded 10/09/1998, as instrument No. 1998-052809 of said Official Records. Will Sell on 02/02/1999 at the entrance to the East County Regional Center by statue 250 East Main Street, El Cajon, CA at 10:00 AM at public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described. Lot 14, Lake Murray Village Unit No. 1, in the City of La Mesa, County of San Diego, State of California, according to map thereof no. 3249, filed in the Office of the County Recorder of San Diego County, June 21, 1955, also that portion of lot 180 of La Mesa Colony, in the County of San Diego, State of California, according to map thereof no. 876, filed in the Office of the County Recorder of San Diego County, September 4, 1901, which lines adjacent to said lot on the Easterly side of the Easterly prolongation of the Northier and Southerly lines of said lot, and Westerly of the Easterly line of that parcel of Land conveyed to Hobart Southern, a Co-Partnership, by Deed recorded October 27, 1955, in book 5847 page 41 of Official Records, and Easterly of the Easterly line of said lot 14. The property address and other common designation, if any, of the real property described above is purported to be 5909 Dugan Avenue La Mesa, CA 91941. The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$46,132.52. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be warranty, express or implied regarding title, possession or encumbrances, satisfy the indebtedness secured by said Deed, advances, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the Note and the trusts created by said Deed of Trust. Dated: 01/08/1999, CNA Foreclosure Service, Inc., as said Trustee, a California Corporation, 591 Camino De La Reina #10, San Diego, CA 92104, (619) 297-8740. By Sharon Whitaker, Trustee, Sale Officer 01/12/19, 26/99 R-82682

entity 4120 MASSACHUSETTS AVENUE LA MESA, CALIFORNIA 91941 APN # 474-240-09-00. The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above if no street address or other common designation is shown. Directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Date January 04, 1999. EXECUTIVE TRUSTEE SERVICES, INC. 15455 SAN FERNANDO MISSION BLVD. SUITE #208 MISSION HILLS, CA 91343 (818) 361-6998 CANDY HERZOG ASAP#344599 1/12, 1/19, 1/26

CNS1876721

NOTICE OF PETITION TO ADMINISTER ESTATE OF: LORETTA MARIE LAHMANN CASE NO. P173976

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: LORETTA MARIE LAHMANN

A PETITION has been filed by ALLAN J. LAHMANN in the Superior Court of California, County of San Diego.

THE PETITION requests that ALLAN J. LAHMANN be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on February 8, 1999 at 1:45 P.M. in Dept. 35 located at 220 West Broadway San Diego CA 92101.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: FREDERICK R. VANDEVEER 600 W. Broadway, Suite 2600 San Diego, CA 92101 619-236-1414 e11235

La Mesa Forum

Jan 19, 26 & Feb. 2, 1999

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: B. James Brierton, Esq. Brierton & Jones 1010 Second Ave., #2300 San Diego CA 92101 01/19, 01/21, 01/26

NOTICE OF PETITION TO ADMINISTER ESTATE OF DONALD B. FAUCHER CASE NO. P173969

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: DONALD B. FAUCHER A PETITION FOR PROBATE has been filed by JANET MARIE HOGSTROM in the Superior Court of California, County of San Diego, California. Amount of unpaid balance and other charges \$35,109.23 Street Address or other common designation of real prop-

erty 4120 MASSACHUSETTS AVENUE LA MESA, CALIFORNIA 91941 APN # 474-240-09-00. The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above if no street address or other common designation is shown. Directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Date January 04, 1999. EXECUTIVE TRUSTEE SERVICES, INC. 15455 SAN FERNANDO MISSION BLVD. SUITE #208 MISSION HILLS, CA 91343 (818) 361-6998 CANDY HERZOG ASAP#344599 1/12, 1/19, 1/26

ACUPRESSURE AND SIMILAR BUSINESS OPERATIONS WHICH MAY BE IN CONFLICT WITH A ZONING PROPOSAL THE CITY INTENDS TO STUDY

On January 12, 1999, the La Mesa City Council considered and adopted an Interim Urgency Ordinance pursuant to California Government Code Section 65858 which imposes a moratorium on the establishment of new massage and acupressure businesses or similar operations. The basis of the Ordinance is to study the legality of La Mesa's current regulations related thereto, to evaluate zoning proposal for purposes of assuring the protection of the public health, safety and welfare.

INTRODUCED, read, and adopted at a regular meeting of the City Council of the City of La Mesa held the 12th day of January, 1999, and by the following vote:

AYES: Councilmembers Alm, Jantz, La Suer, Sterling and Mayor Madrid

NOES: None

ABSENT: None APPROVED / Arthur E. Madrid ARTHUR E. MADRID, Mayor

ATTENT:

/ Mary J. Kennedy MARY J. KENNEDY City Clerk City of La Mesa

La Mesa Forum

January 26, 1999

•Lakeside•

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST File: L98-07451 Loan: 0001104132 Other 0723486 A.P. Number 397-250-16-00

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED March 31, 1993 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02/01/1999 at 10:00 AM Lonestar Mortgage Services, LLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 07/31/1996 as instrument No. 1996-0387030 in book - page - of Official Records in the office of the County Recorder of San Diego County, State of California. Executed by Isla C. Palacio, and Enika Palacio, husband and wife Community Property will sell at public auction to highest bidder for cash or cashier's check (payable at time of sale in lawful money of the United States) at the South entrance to the County Courthouse, 220 West Broadway, San Diego, CA. (Note: Cashier's check(s) must be made payable to Lonestar Mortgage Services, LLC, at right, title and interest conveyed to and now held by it under said Deed of Trust, less, charges and expenses of the Trustee and of the property situated in said County and State described as instrument No. 1996-040381 of said Official Records. will Sell on 02/16/1999 at the South entrance to the County Courthouse 220 West Broadway San Diego, CA at 10:00 AM at public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States) all right, title and interest conveyed to and now held by it under said Deed of Trust, less, charges and expenses of the Trustee and of the property situated in said County and State described as instrument No. 1996-040381 of said Official Records. will Sell on 02/16/1999 at the South entrance to the County Courthouse 220 West Broadway San Diego, CA at 10:00 AM at public auction to the highest bidder for cash (payable at the time of 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New!**Free Tuesday Live! Box Ads****Free!**

Free reader advertising boxes are now being offered in our six *Tuesday Live* publications. We encourage sports, recreation or fitness items, but, hey, advertise your yard sale if you want.

**New
Garage Sales OK
send 10 days ahead**

PARAKEETS: With large cage and accessories. Foods. Male is green. Female is white. Get along well. \$69 for all or best offer. Call 449-9344 before 10 a.m. or after 6 p.m.

EXERCISE, Nordictrack Ski Machine with track monitor, excellent condition, like new, \$125. 582-0123.

NORDICTRACK SEQUOIA and Health Rider, both in perfect condition, \$95 each. 462-8131.

BRIDAL FAIR: East County Bridal Fair looking for exhibitors for September Bridal Fair. Florists, D-Js, photographers, Bridal Consultants, gowns, etc. Please call Adolfo at 667-1307.

EL CAJON INCOME PROPERTY. Yes, I said income! 10 units, \$850,000, with positive cash flow. Unique duplexes, with condo conversion possible. MPM Realty, 644-2077.

BAR, 1950s, blond wood, 29"-56" Hx38" Hx19" D, 2 shelf units, 23-piece glassware, unique. Bumper pool table (Frederick-Willy's), new balls, travel cue. 466-4838.

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by Owner here!**

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JULIAN. Romantic mountain-top retreat. 2 bedroom, 2 bath, fireplace, spa, satellite, panoramic-view deck, 3/4 acre, walk to town, workshop, carport. Ellen Jackson, 275-7237.

BARBECUE GRILL smoker, Brinkman "Smoke 'N Grill," 16" diameter grill/smoker, \$20. Scroll saw, Woodmaster freestanding with light, \$50. 583-4620.

BED, extra-long twin with metal frame, mattress, and box spring, excellent/super clean condition, \$55. 697-5052.

BMW 318i, 1984, \$1850. Trucks, whole or parts. Tar kettle. Campers. Multistation gym. Club double Stairobic. Portable spa. Large aquarium. More. 660-8491.

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CHEST, oak, antique, quarter sawn, 5 drawer, with framed oval beveled mirror, very striking, \$400. 449-9783.

DINING TABLE with 2 captain's chairs, antique. Curio, coffee table with leather top, accent table, contemporary sofa. 697-3525.

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PUBLIC NOTICES

• Spring Valley •

NOTICE OF TRUSTEE'S SALE TS #98-12370-C YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/1/93 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 2/1/99 at 12:00 PM, LAW OFFICES OF STEVEN J. MELMET, INC., as duly appointed Trustee under and pursuant to Deed of Trust recorded 5/26/93, as Instrument No. 1993-0330987, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by JANUSZ PRZYBYLSKI AND KRYSYNA PRZYBYLSKI, HUSBAND AND WIFE AS COMMUNITY PROPERTY WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cashier's check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings bank specified in section 5102 to the Financial code and authorized to do business in this state) at AT THE ENTRANCE TO THE CITY HALL EAST, 300 NORTH COAST HIGHWAY, OCEANSIDE, CA all rights, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as Lot 219 of Casa Del Oro Avocado Estates Unit No. 3, in the County of San Diego, State of California, according to map thereof No. 2175, filed in the office of the County Recorder of San Diego County, January

2, 1930, APN #511-092-005-001. The street address and other common designation, if any, of the real property described above is purported to be 4237 NORTH CORDOBA AVENUE SPRING VALLEY, CA 91977. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$1K7,231.56. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell to the undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Date December 18, 1998. LAW OFFICES OF STEVEN J. MELMET, INC., AS TRUSTEE MICHELLE ENSLEY, Authorized Signature, 2912 S. Daimler Street, Santa Ana, California 92705-5811 FOR SALES INFORMATION. PLEASE GO TO: www.caljust.com or call (626) 661-5912 C289284 1/12/1999

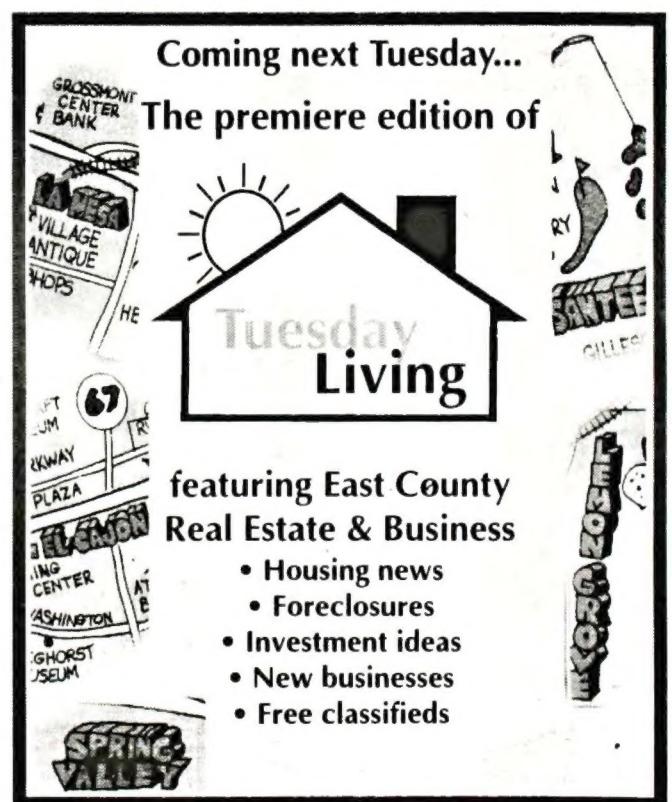
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East County AYSO area champions crowned

by Michael Krawczak

Five long months of hard practice and well executed games came to fruition for six East County teams, as Area V AYSO soccer champions were determined on Jan. 17.

Over two weekends, in six cities, the best of East County paired off, with the following results.

Div. 3 Boys

La Mesa Point Blank defeated Lakeside, 2-0 in the Div. 3 Boys final. Semifinal matches pitted two La Mesa teams against each other in one, and two Lakeside teams against each other in the second.

Point Blank coach Steve Irwin noted the outstanding play of goalkeeper Tommy Haaf, midfielder Doug Irwin and Luke Cremo, Casey Moore and Francisco Ortiz.

He also thanked his assistant coach, Steve Eidsmoe.

In preparation for the upcoming county and sectional tournaments, Irwin would welcome donations from contributors desiring to help sponsor a championship team. He can be contacted at



Lakeside Final Warning player is on the run with the ball as a Jamul Tsunami player gives chase during Div. 3 Girls final at Prospect School in Santee on Jan. 17. Lakeside won the Area V title with a 4-0 win to advance to the county playoffs.

Photo by Mike Krawczak

697-2985.

Div. 3 Girls

In the Div. 3 Girls final played in Santee, Lakeside Final Warning shut out Jamul Tsunami, 4-0.

Lindsay Morris and Mallory Palmer each scored twice. Goalkeeper Laura Ketcham made several tremendous stops.

Lakeside coach Steve Lincoln also noted the defensive efforts of Courtney Rice, Jade Lincoln, Allison Nichols and Heather Moorehead. Midfielder Audrey Bishop had a strong tournament.

In pool play, Final Warning tied El Cajon and defeated Santee and La Mesa. Due to a forfeit in the scheduled semifinal, Lakeside ad-

vanced directly to the championship game.

Div. 4 Boys

The Santee Gators outscored opponents 22-6, in sweeping six Div. 4 Boys games. The final was a 1-0 win over the La Mesa Hornets.

Daniel Craig, who led the Gators with 10 goals and scored in every game, punched in the winner on a tap off an indirect kick by Ben McNulty. Goalkeeper Jacob Wenzel made several key late stops to hold La Mesa scoreless.

In a very physical semifinal, punctuated by four yellow cards and one La Mesa player ejection, the Gators edged the Fighting Irish, 3-2.

Arthur Van Order had two goals for the Gators. Also scoring for the Gators during four pool games were Sonny Chatte, Tanner Forman, Brian Bloemen and Greg Mesa.

Coach Brian Derby also praised the play of midfielder Bryce Witte and fullbacks Greg Christensen and William Morel.

Div. 4 Girls

Lakeside Girls also reigned in Div. 4, as the Bruisers downed La Mesa, 4-0, in the final. In the semi-final, the Bruisers also shut out El Cajon, 2-0.

Nikki Sessions was the scoring leader, personally tallying more goals than all of Lakeside's opponents combined, including a hat trick in the final.

Coach Tom Collins singled out the efforts of forwards Kara Duarte, Jamie Bond and Allison McCrae.

Goalkeepers Whitney Collins and Chelsea Harden were strong in the net. Forward Tiffany Knox set up several passes for Sessions. Midfielder Bianca Brom-

berger's speed kept opponents from executing breakaways.

On defense, Carlee Sorchy, Ashley Smith, Kandice Gale and Tiffany Slattum controlled the field.

Cory Slattum was relegated to sideline cheerleader with a broken arm, but is expected back in time for the county tournament.

Collins praised his assistant coaches, Wayne Sessions, Jim Slattum and Jeff Sorchy and Team Mom Cindy Duarte. He also thanked the Bruisers' sponsors, Knox Attorney Service and Duarte Trucking.

Div. 5 Boys

In La Mesa, the Div. 5 Boys semifinals featured three Santee teams and one La Mesa entry.

In the end, home field advantage meant 1st place medals, as the La Mesa Tsunami defeated the Santee Hornets, 5-0.

Dusty Henderson, the leading Tsunami scorer, had two goals in the final. Also scoring were Andrew Hanson, Matty Strauss and Alessandro Maganaucu.

East County High School

Sports Schedule (as available)

Tuesday, Jan. 26 - Tuesday, Feb. 2

Check with schools for times

Tuesday (1/26) - Boys Soccer: (Girls at opposite sites) Helix at Granite Hills, Valhalla at Monte Vista, El Capitan at Santana, El Cajon Valley at Grossmont. **Boys Soccer:** Christian vs. Crawford. **Girls Basketball:** (Boys at opposite sites) Grossmont at El Cajon Valley, Santana at El Capitan, Valhalla at West Hills, Helix at Mount Miguel, Monte Vista at Granite Hills, Christian Girls and Boys at Marian. **Girls Water Polo:** Valhalla at Granite Hills, Grossmont at El Capitan.

Thursday (1/28) - Wrestling: Mount Miguel at Valhalla, Helix at Monte Vista, West Hills at Grossmont, El Capitan at Santana, Granite Hills at El Cajon Valley. **Boys Soccer:** (Girls at opposite sites) Monte Vista at Granite Hills, Mount Miguel at Helix, El Capitan at El Cajon Valley, Santana at West Hills, Christian at Hoover (boys only). **Girls Water Polo:** West Hills at Grossmont.

Friday (1/29) - Girls Basketball: (Boys at opposite sites) El Capitan at El Cajon Valley, Santana at West Hills, Helix at Grossmont, Granite Hills at Mount Miguel, Monte Vista at Valhalla, Christian vs. Crawford. **Girls Water Polo:** Valhalla Tournament (also Saturday). **Girls Soccer:** Christian at Lincoln.

Tuesday (2/2) - Boys Soccer: (Girls at opposite sites) Helix at Granite Hills, Valhalla at Monte Vista, El Capitan at Santana, El Cajon Valley at Grossmont, Christian at Marian (boys only). **Girls Basketball:** (Boys at opposite sites) Granite Hills at Helix, Mount Miguel at Valhalla, Monte Vista at Santana, Grossmont at El Capitan, West Hills at El Cajon Valley, Christian at Clairemont. **Girls Water Polo:** Grossmont at Santana, Granite Hills at Mount Miguel.

Stopping a potential shot



Grossmont interleague game on Jan. 12 had Mount Miguel (black top) and El Capitan players challenging for the ball near the Vaqueros goal. The home-team Vaqueros won the tightly contested match by a 2-1 score as the team's were preparing for start of league season. Photo by Greg Eichelberger

East County

Recreation Department Phone Numbers

Santee Community Services Dept	258-4180
Spring Valley Parks and Recreation	479-1832
La Mesa Community Services	667-1300
El Cajon Rec Dept. (Kennedy Center)	441-1676
Lemon Grove Recreation Center	668-4575
Lakeside Recreation Center	443-4169

\$33

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